

TOPIC BRIEF

Topic Title:	Health Improvement Team
Officer Lead:	Lisa Taylor – Divisional Manager – Health Improvement
Planned Start Date:	June 2017
Target PPB Meeting:	March 2018

Topic Description and Scope:

The Health Improvement Team service will be examined as the topic for this scrutiny. The study will look at the work of the division, its contribution to health and wellbeing outcomes, how priorities are determined, what performance measures are made and how success is celebrated. The Board will look to propose service improvements recommendations and evaluate the impact of the team's activities and interventions against the needs of the local population.

Why this topic was chosen:

The Health Policy and Performance Board wish to better understand the Health Improvement Team (HITs) and its role in improving health outcomes for the borough.

The division transferred (TUPE) from Bridgewater NHS Trust into Halton Borough Council in October 2014 as part of the Council's devolved Public Health remit. The work areas delivered upon by the division come under a ring-fenced budget as part of the Public Health grant.

The relocation of the division coincided with the implementation of the Care Act 2014 which put the concept of 'Wellbeing' into statute and entrusted local authorities with further responsibilities for the prevention and delay or care and support needs.

In 2015 Halton was 13th (out of 326 local authorities nationally) for Health Deprivation and Disability. The measure looks at risk of premature death and the impairment of quality of life through poor physical or mental health. (HBC Customer Intelligence Unit)

The Health Improvement Team deliver educational interventions, campaigns and tailored programmes designed to enable Halton residents to 'Start Well', 'Live Well' and 'Age Well'. The life-span approach adopted by the division sees workers deliver community-based provision aimed at improving outcomes related nutrition, exercise, lifestyle and wellbeing choices.

The division works in partnership with health and social care services across Halton to provide integrated health and wellbeing services. They have built collaborative relationships with key third sector partners enabling a cooperative approach to community engagement. Their work contributes to a multi-faceted approach to public health and is governed by national indicators.

The Board will examine areas of the adults' services provided by HITs focussing in on a number of areas of provision.

Key outputs and outcomes sought:

- To understand the range and scope of interventions, activities and campaigns delivered through the Health Improvement Team service (HITs), including pathways into service.
- To appreciate how service priorities are identified and analyse any gaps in service against the health and wellbeing concern across the borough.
- To examine current performance data and explore the impact measures the service utilises to measure success.
- To consider how services are promoted and celebrated, including how public engagement is achieved.
- To reflect on the contribution the service makes to the Council’s Public Health remit.
- To observe how well the HITs interacts and compliments with other health and social care services across the borough, including partnership work with other agencies and the third sector.
- To consider the impact of changes in legislation (including the Care Act 2014) in shaping the service offer.
- To compare and benchmark the service offer with other best practice delivery models.
- To offer constructive input into the future direction of the service.

Which of Halton’s 5 strategic priorities this topic addresses and the key objectives and improvement targets it will be help to achieve:

A Healthy Halton – To improve the health and wellbeing of Halton people so they live longer, healthier and happier lives

- To understand fully the causes of ill health in Halton and act together to improve the overall health and well-being of local people.
- To respond to the needs of an ageing population improving their quality of life and thus enabling them to lead longer, active and more fulfilled lives.
- To remove barriers that disabled people face and contribute to poor health by working across partnerships to address the wider determinants of health such as unemployment, education and skills, housing, crime and environment.
- To improve access to health services, including primary care.

Nature of expected/ desired PPB input:

Member-led scrutiny review of the Health Improvement Team service and the difference it makes to the health and wellbeing of local residents.

Preferred mode of operation:

- Meetings with/presentations from relevant officers from within the Council and partner agencies to examine current services.
- Visit to community-based intervention sessions.
- Interviews with those who have accessed services.
- Desk top research in relation to outcome measures and best practice delivery methods.

Agreed and signed by:

PPB chair **Officer**

Date **Date**